

BUILD-A-MEAL / SACK LUNCH PREPARATION INSTRUCTIONS

Thank you for volunteering to provide sack lunches for the band students for an away game or an out of town event!! To help make serving the students as efficient as possible, please remember:

Your donation will include the makings for 10 sack lunches. The sack lunch makings include: a sandwich, individually packaged bag of chips, individually packaged dessert and a napkin.

NO condiments or cheese are needed on the sandwiches. The Band Boosters provide packets of mayo and mustard for those students who wish to add their own.

The sandwich must be placed in a clear sandwich size or quart size bag. Please write on the outside of this bag the type of sandwich that is enclosed. **The most popular sandwiches are turkey, ham, and PP&J.** Please DO NOT send tuna.

Then, place the sandwich (in the marked, quart sized bag) into a gallon size Ziploc bag along with the napkin. Please write the type of sandwich on the outside of the gallon bag also.

Please send the chips and desserts separately. Snack cakes, cookies, fruit snacks and candy bars are fine, but please nothing that would stain our uniforms. No gum or sunflower seeds.

As the students collect their "suppers", they will begin by selecting a sandwich. They will then proceed down the table selecting their chips and finally their dessert. They will place all these in the gallon sized bag with the sandwich for carrying out to the buses. The students are moved through the line very quickly, so you can see the need to have both bags clearly marked with the type of sandwich they contain. Band parents will also be present urging the students to make their choices quickly.

EACH STUDENT MUST BRING THEIR OWN DRINK TO GO WITH THEIR SUPPER. They may also bring another drink for the bus ride back to the school after the game.

Water will be provided for the students by the Band Boosters at the game in the stands.

Your supper donations must be delivered to the band hall either before school or by 3:45pm (or earlier depending on band departure time) on the away game day. The sandwiches are refrigerated during the school day. The chips & desserts are kept in the directors' office.

The students will go through the Build-A-Meal line by class, beginning with the seniors, just prior to loading the buses. The extra food items not selected will be taken on the buses as "second helpings" for the ride home. **Please send a second drink with your student for the bus ride back to school.**

If you want to make a special sack lunch for your own child, please send it in addition to the sack lunches for the class members and give that sack lunch directly to your child.

THANK YOU FOR YOUR SUPPORT OF THE CHINA SPRING COUGAR BAND!!!



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REMINDERS:

- **DO NOT:** Use tuna, condiments, or cheese on sandwiches
- **DO NOT:** Forget to label both bags with the sandwich type
- **DO NOT:** Place the chips and the desserts in the Ziploc bags
- **DO NOT:** Take chips from a larger bag and place them into individual Ziploc bags
- **DO NOT:** Provide homemade desserts
- **DO NOT:** Send gum or sunflower seeds
- **DO NOT:** Provide any food items that might stain the uniforms